



**BURGER KING® USA Nutritionals: Core, Regional and
Limited Time Offerings
July 2011**

Nutrition facts	serving size (g)	Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	▲ Allergens
WHOPPER® Sandwiches													
WHOPPER® Sandwich	290	670	360	40	11	1	75	980	51	3	11	29	WES
w/o Mayo	268	510	200	23	9	0.5	65	840	51	3	11	28	WS
WHOPPER® Sandwich with Cheese	315	760	430	47	16	1	100	1410	53	3	11	33	MWES
w/o Mayo	294	600	270	30	14	1	85	1270	53	3	11	32	MWS
DOUBLE WHOPPER® Sandwich	373	900	510	57	19	1.5	140	1050	51	3	11	47	WES
w/o Mayo	352	740	350	39	16	1	130	910	51	3	11	47	WS
DOUBLE WHOPPER® Sandwich with Cheese	398	990	580	65	24	1.5	160	1480	53	3	11	52	MWES
w/o Mayo	376	830	420	47	21	1.5	150	1340	53	3	11	52	MWS
TRIPLE WHOPPER® Sandwich	455	1140	670	75	27	2	205	1110	51	3	11	67	WES
w/o Mayo	434	980	510	57	24	1.5	190	970	51	3	11	66	WS
TRIPLE WHOPPER® Sandwich With Cheese	480	1230	740	82	32	2	225	1550	53	3	11	71	MWES
w/o Mayo	459	1070	580	64	29	2	215	1410	53	3	11	71	MWS
Texas WHOPPER® Sandwich	327	800	460	51	18	1.5	110	1700	50	3	8	37	MWES
Texas DOUBLE WHOPPER® Sandwich	410	1040	620	69	26	2	175	1770	50	3	8	56	MWES
Texas Triple WHOPPER® Sandwich	506	1270	780	86	33	2.5	240	1840	50	3	8	76	MWS
Mustard WHOPPER® Sandwich	290	530	210	23	9	0.5	65	1080	52	3	11	29	WS
WHOPPER JR.® Sandwich	147	340	170	19	5	0.0	40	510	28	2	6	14	WES
w/o Mayo	136	260	90	10	4	0	35	440	28	2	6	13	WS
WHOPPER JR.® Sandwich with Cheese	159	380	210	23	8	0.5	55	730	29	2	6	16	MWES
w/o Mayo	137	300	130	14	6	0	45	710	660	1	6	16	MWS

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FLAME BROILED BURGERS													
Hamburger	109	260	90	10	4	0	35	490	28	1	6	13	WS
Cheeseburger	121	300	130	14	6	0	45	710	28	1	6	16	MWS
Double Hamburger	146	360	160	18	8	0	70	520	28	1	6	22	WS
Double Cheeseburger	171	450	230	26	12	1	95	960	29	1	6	26	MWS
Rodeo Cheeseburger	128	350	160	17	7	0	45	600	37	2	9	16	MWS
Bacon Cheeseburger	126	330	150	16	7	0	55	810	28	1	6	18	MWS
Double Bacon Cheeseburger	178	490	260	29	13	1	105	1100	29	1	6	30	MWS
BK® Single Stacker	118	380	200	22	8	0.5	60	700	28	1	6	17	MWES
BK® Double Stacker	158	500	280	31	12	1	100	780	28	1	6	27	MWES
BK® Triple Stacker	207	650	390	43	18	1	145	1020	29	1	7	38	MWES
BK® Quad Stacker	257	800	490	55	24	1.5	190	1270	30	1	7	49	MWES
A1® Steakhouse XT™	338	970	550	61	23	1	135	1920	54	4	12	42	MWES
Steakhouse XT™	306	770	420	46	17	0	115	1330	52	3	11	36	MWES
CHICKEN, FISH, VEGGIE and KIDS													
TENDERGRILL® Chicken Sandwich on ciabatta	250	470	170	18	3.5	0	85	1100	40	2	7	37	WES
w/o Mayo	236	360	60	7	1.5	0	75	1010	40	2	7	37	WES
TENDERCRISP® Chicken Sandwich	284	800	410	46	8	0.5	70	1640	68	3	9	32	MWES
w/o Mayo	256	590	200	22	4	0	55	1450	68	3	9	31	MWS
Original Chicken Sandwich	218	630	350	39	7	0.5	65	1390	46	3	4	24	MWES
w/o Mayo	190	420	140	16	3.5	0	45	1210	46	3	4	24	MWS
American Original Chicken Sandwich	271	730	420	47	12	1	85	1830	49	3	5	29	MWES
Original Chicken Club Sandwich	256	690	390	43	9	0.5	75	1590	48	3	5	29	MWES
Italian Original Chicken Sandwich	246	520	200	22	7	0	65	1670	50	3	5	32	MWES
Spicy CHICK'N CRISP® Sandwich	136	460	270	30	5	0	30	810	34	2	4	13	WES
w/o Mayo	114	300	110	12	2.5	0	20	670	35	2	4	12	WS
CHICKEN TENDERS® (4 pc)	62	190	100	11	2	0	25	310	10	1	0	10	W
CHICKEN TENDERS® (6 pc)	94	290	150	17	3	0	40	460	15	1	0	15	W
CHICKEN TENDERS® (8 pc)	125	380	200	22	4.5	0	50	610	20	2	0	20	W
CHICKEN TENDERS® (20 pc)	312	950	500	55	11	0	130	1530	50	5	0	51	W
CHICKEN TENDERS® Sandwich	142	440	250	28	4.5	0	35	610	35	1	4	12	MWES
Tacos (2)	174	330	200	23	8	0.5	30	750	18	5	4	14	MS
Spicy Chicken BK Wrapper™	135	360	170	19	5	0	30	1010	32	2	0	14	MWES
BK® Chicken Fries (6 pc)	85	250	130	15	2.5	0	30	820	16	1	1	14	W
BK® Chicken Fries (9 pc)	127	380	200	22	4	0	40	1220	24	2	1	21	W
BK® Chicken Fries (12 pc)	170	500	260	29	5	0	55	1630	32	3	1	28	W
Country Pork Sandwich	298	810	380	42	13	0	75	1910	78	4	10	29	WS
BK BIG FISH® Sandwich	248	640	280	31	5	0.5	45	1560	67	3	9	23	WESF
w/o Tartar Sauce	219	460	120	13	2.5	0	30	1320	64	3	6	23	WSF
BK VEGGIE® Burger **	209	410	150	16	2.5	0	5	1030	44	7	8	22	MWES
w/ Cheese	221	450	180	20	5	0	20	1250	44	7	8	24	MWES
w/o Mayo	198	320	70	7	1	0	0	960	43	7	8	22	MWS

Nutrition facts	serving size (g)	Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	▲ Allergens
SIDES													
BK® Fresh Apple Fries	57	25	0	0	0	0	0	0	6	1	5	0	NONE
Low fat Caramel Sauce	14	45	5	0.5	0	0	0	35	10	0	5	0	M
Motts® Harvest Plus Applesauce	108	50	0	0	0	0	0	0	13	1	11	0	NONE
Onion Rings - value	43	150	70	8	1.5	0	0	230	17	1	2	2	W
Onion Rings - small	91	310	150	17	3	0	0	490	36	3	4	4	W
Onion Rings - medium	117	400	190	21	3.5	0	0	630	47	4	6	6	W
Onion Rings - large	142	490	230	26	4.5	0	0	770	57	5	7	7	W
French Fries - value (Salted)	74	220	100	11	2.5	0	0	340	28	2	0	2	NONE
French Fries - small (Salted)	116	340	160	17	3.5	0	0	530	44	4	0	4	NONE
French Fries - medium (Salted)	148	440	200	22	4.5	0	0	670	56	5	0	5	NONE
French Fries - large (Salted)	182	540	240	27	6	0	0	830	69	6	0	6	NONE
Mozzarella Sticks (4 pc)	88	280	140	15	5	0	35	650	24	2	2	11	MWES
BK™ SALAD Collection													
TENDERGRILL™ Chicken Garden Salad	286	230	70	7	3	0	85	920	9	3	3	33	MW
TENDERCRISP® Chicken Garden Salad	284	410	200	22	5	0	65	1060	28	4	5	26	MWE
Garden Salad (no chicken)	162	70	35	3.5	2	0	10	90	7	3	2	2	M
Side Salad	99	40	20	2	1	0	5	45	2	1	0	3	M
KEN'S® Light Italian Dressing (2 oz)	56	120	100	11	1.5	0	0	440	5	0	4	0	NONE
KEN'S® Ranch Dressing (2 oz)	56	190	180	20	3	0	20	550	2	0	1	1	ME
KEN'S® Creamy Caesar Dressing (2 oz)	56	210	190	21	4	0	25	610	4	0	3	3	MWESF
KEN'S® Fat Free Ranch Dressing (2 oz)	56	60	0	0	0	0	0	740	15	2	5	0	M
KEN'S® Honey Mustard Dressing (2 oz)	56	270	200	23	3	0	20	510	15	0	14	1	E
Garlic Parmesan Croutons	14	60	20	2	0	0	0	120	9	0	1	1	MW
BREAKFAST													
BK™ Breakfast Bowl	243	540	370	42	13	0.5	375	1020	17	2	2	24	MES
BK® Breakfast Muffin Sandwich	137	410	230	26	9	0.5	125	860	24	1	2	17	MWES
BK® Kids Breakfast Muffin Sandwich	93	240	100	11	4	0	95	550	23	1	2	9	MWES
Bk™ Ultimate Breakfast Platter	487	1310	650	72	26	1	455	2490	134	5	41	32	MWES
BK™ Breakfast Platter	301	810	480	54	22	1	360	1790	57	4	5	25	MWE
BK™ Breakfast Ciabatta Club Sandwich	219	480	200	23	7	0	210	1270	41	2	9	24	MWES
Enormous Omelet Sandwich	266	760	266	44	15	1	405	1840	44	2	8	35	MWES
CROISSAN'WICH® Egg & Cheese	115	320	140	16	7	0	180	680	26	0	5	11	MWES
CROISSAN'WICH® Sausage & Cheese	106	380	220	24	10	0	50	780	26	0	3	14	MWES
CROISSAN'WICH® Sausage, Egg & Cheese	159	490	280	31	11	0.5	215	990	27	0	5	18	MWES
CROISSAN'WICH® Ham, Egg & Cheese	149	350	150	17	7	0	200	1110	27	0	5	18	MWES
CROISSAN'WICH® Bacon, Egg & Cheese	122	360	170	19	8	0.5	190	830	26	0	5	14	MWES
DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese	215	700	440	49	18	1	255	1510	29	0	5	29	MWES
DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese	142	440	230	25	11	0.5	210	1190	27	0	6	20	MWES
DOUBLE CROISSAN'WICH™ w/ Ham, Egg, & Cheese	196	440	190	22	10	0.5	230	1740	28	0	6	26	MWES
DOUBLE CROISSAN'WICH™ w/ Sausage, Bacon, Egg, & Cheese	179	570	340	37	15	1	235	1350	28	0	5	24	MWES

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Nutrition facts													
DOUBLE CROISSAN'WICH™ w/ Ham, Bacon, Egg, & Cheese	169	440	210	24	10	0.5	220	1470	28	0	6	23	MWES
DOUBLE CROISSAN'WICH™ w/ Ham, Sausage, Egg, & Cheese	206	570	320	35	14	1	240	1630	28	0	6	28	MWES
Cheesy Bacon BK WRAPPER)	137	380	210	24	7	0.5	185	1020	28	2	2	13	MWES
Sausage Biscuit	126	420	240	27	15	0.5	35	1090	32	1	3	13	MW
Ham, Egg, & Cheese Biscuit	164	420	200	22	15	0.5	185	1410	33	1	5	16	MWES
Sausage, Egg, & Cheese Biscuit	191	570	330	37	19	1	210	1510	34	1	4	20	MWES
Bacon, Egg & Cheese Biscuit	155	420	220	25	16	1	185	1360	34	1	5	16	MWES
Pancakes (3) and 1 oz breakfast syrup	187	500	170	19	4.5	0	95	700	77	1	36	7	MWES
Pancake Platter w/ Sausage & 1 oz Breakfast Syrup	231	670	300	34	9	0	125	1010	78	1	36	14	MWES
Side of Eggs	96	160	110	12	3	0	330	320	3	0	2	10	ME
Side of Southwest Potatoes	77	90	30	3.5	1	0	0	220	12	2	1	2	NONE
Hash Browns - small	84	250	150	16	3.5	0	0	410	24	3	0	2	W
Hash Browns - medium	168	500	290	33	7	0	0	810	48	7	0	4	W
Hash Browns - large	224	670	390	44	9	0	0	1080	65	9	0	5	W
Mini Blueberry Biscuits with icing (4pc)	113	390	140	15	15	0	0	830	57	1	30	5	MW
Cini-minis (4 minis)	108	400	160	18	7	0	20	380	52	2	19	7	MWE
Vanilla Icing	28	90	0	0	0	0	0	25	22	0	20	0	T
French Toast Sticks (3 piece)	65	230	100	11	2	0	0	260	29	1	8	3	WS
French Toast Sticks (5 piece)	109	380	160	18	3	0	0	430	49	2	13	5	WS

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REGIONAL BREAKFAST PRODUCTS													
French Toast Sticks Platter w/ bacon & Breakfast Syrup	159	550	200	22	4.5	0	10	650	79	2	31	10	WS
French Toast Sticks Platter w/ sausage & Breakfast Syrup	193	670	300	33	8	0	35	760	80	2	30	13	WS
Scrambled Egg Platter w/ bacon (Scrambled Eggs, Biscuit, Hashbrowns, Bacon slices)	270	700	380	42	19	0.5	370	1650	56	4	4	23	MWES
Scrambled Egg Platter w/ sausage (Scrambled Eggs, Biscuit, Hashbrowns, Sausage patty)	304	810	480	53	22	1	390	1760	57	4	4	26	MWES
Biscuits (2) & Sausage Gravy Platter	334	680	310	35	28	1.5	20	2350	76	2	6	16	MW
Biscuit- w/ Chicken Fritter (Chicken Biscuit)	139	400	180	20	12	0	20	1320	39	1	3	15	MWES
Biscuit- w/ Breakfast Steak (Country Fried Steak)	211	650	350	38	21	0.5	205	1780	50	2	5	21	MWES
Biscuit- w/ Country Ham (1 sl) & Egg and cheese	183	470	240	26	16	0.5	210	2010	33	1	4	18	MWES
BK™ Breakfast Burrito - Sausage, Egg, Cheese & Salsa	168	440	260	29	10	0.5	175	1120	25	1	2	20	MWES
BK™ Breakfast Burrito - Potato, Egg, Cheese, & Salsa	141	320	160	17	6	0	140	900	29	2	2	13	MWES
BK™ Breakfast Burrito - Bacon, Egg, Cheese, & Salsa	129	300	140	16	6	0	145	910	24	1	2	15	MWES

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Nutrition facts													
DESSERTS													
Dutch Apple Pie	107	320	130	14	6	0	0	300	46	1	23	2	WS
HERSHEY®S Sundae Pie	79	300	160	18	12	0	10	210	31	1	22	3	MWS
REGIONAL DESSERTS													
Soft Serve Cone	133	180	65	7	4	0	25	110	29	0	24	4	MWS
Caramel Sundae	173	300	60	7	5	0	25	260	55	0	39	5	M
Chocolate Fudge Sundae	173	290	70	8	7	0	20	230	53	1	45	6	M
OREO® BK Sundae Fusion™	265	530	150	17	10	0	25	460	90	2	69	9	MWS
Chocolate Chip Cookies (2)	76	330	140	15	8	0	20	250	47	1	29	3	MWES
Oatmeal Raisin Cookies (2)	76	310	120	13	8	0	20	260	46	3	26	4	MWE
Nutrition facts													
HAVE IT YOUR WAY® Options (some options are only available regionally)													
American Cheese (slice)	12	45	35	4	2.5	0	10	220	1	0	0	2	MS
Bacon (1 Strip)	2.5	15	10	1	0	0	5	50	0	0	0	1	NONE
Ketchup (Packet)	10	10	0	0	0	0	0	125	3	0	2	0	NONE
Mayonnaise (Packet)	12	80	80	9	0.5	0	10	75	1	0	0	0	E
Pickles (2)	10	0	0	0	0	0	0	100	0	0	0	0	S
Green Chilies (.5 ounce)	14	5	0	0	0	0	0	0	1	0	0	0	NONE
Strawberry or Grape Jam (packet)	12	30	0	0	0	0	0	0	7	0	6	0	NONE
SunGlow® Butter blend - 2 pats	10	70	70	8	2.5	0	0	65	0	0	0	0	MS
Breakfast Syrup (1 oz)	41	120	0	0	0	0	0	15	30	0	18	0	NONE
Barbecue Dipping Sauce (1 oz)	28	40	0	0	0	0	0	310	11	0	10	0	NONE
Honey Mustard Dipping Sauce (1 oz)	28	90	60	6	1	0	10	180	8	0	7	0	E
Sweet and Sour Dipping Sauce (1 oz)	28	45	0	0	0	0	0	55	11	0	10	0	NONE
Ranch Dipping Sauce (1 oz)	28	140	130	15	2.5	0	5	230	1	0	1	1	ME
Buffalo Dipping Sauce (1 oz)	28	80	70	8	1.5	0	5	360	2	0	1	0	ME
Marinara Sauce (1 oz)	28	15	0	0	0	0	0	170	4	1	3	1	M
French Fry Sauce (1 oz)	28	90	60	7	1	0	5	250	5	0	3	0	E
Picante/Taco Sauce (0.5 oz)	28	10	0	0	0	0	0	115	2	0	1	0	NONE
Zesty Onion Ring Dipping Sauce (1 oz)	28	150	140	15	2.5	0	15	210	3	1	2	0	ES

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	BEVERAGES BY CUP SIZE											
Fat FREE Milk (8 fl oz)	90	0	0	0	0	5	125	13	0	12	9	M
1% Low Fat Chocolate Milk (8 fl oz)	160	25	2.5	1.5	0	15	150	26	0	25	8	M
Vanilla Milk Shake												
12 fl oz	350	100	11	8	0	40	290	57	0	48	8	M
16 fl oz	480	130	15	11	0	50	390	78	0	64	11	M
20 fl oz	520	140	16	12	0	55	420	84	0	69	12	M
30 fl oz	760	210	24	18	0.5	85	630	124	0	102	18	M
Chocolate Milk Shake												
12 fl oz	400	100	11	8	0	40	330	68	0	58	8	M
16 fl oz	570	140	15	12	0	50	470	99	1	85	12	M
20 fl oz	760	170	19	14	0.5	65	620	137	2	118	14	M
30 fl oz	1140	260	28	21	1.0	95	930	204	2	177	21	M
Strawberry Milk Shake												
12 fl oz	390	100	11	8	0	40	290	68	0	57	8	M
16 fl oz	560	130	15	11	0	50	400	98	0	84	11	M
20 fl oz	740	160	18	14	0.5	65	490	134	0	117	13	M
30 fl oz	1110	240	27	20	1.0	95	730	200	0	175	20	M

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BEVERAGES BY CUP SIZE												
Coca Cola classic®‡												
	16 fl oz	140	0	0	0	0	0	0	39	0	39	0
	20 fl oz	190	0	0	0	0	0	0	51	0	51	0
	30 fl oz	290	0	0	0	0	0	5	77	0	77	0
	40 fl oz	380	0	0	0	0	0	10	102	0	102	0
Diet Coke®‡												
	16 fl oz	0	0	0	0	0	0	15	0	0	0	0
	20 fl oz	0	0	0	0	0	0	20	0	0	0	0
	30 fl oz	0	0	0	0	0	0	25	0	0	0	0
	40 fl oz	5	0	0	0	0	0	35	0	0	0	0
Sprite®‡												
	16 fl oz	140	0	0	0	0	0	30	39	0	39	0
	20 fl oz	190	0	0	0	0	0	40	51	0	51	0
	30 fl oz	290	0	0	0	0	0	65	77	0	77	0
	40 fl oz	380	0	0	0	0	0	85	102	0	102	0
Dr. Pepper®‡												
	16 fl oz	140	0	0	0	0	0	35	39	0	39	0
	20 fl oz	190	0	0	0	0	0	45	51	0	51	0
	30 fl oz	280	0	0	0	0	0	70	77	0	77	0
	40 fl oz	370	0	0	0	0	0	90	101	0	101	0
Barq's® Root Beer‡												
	16 fl oz	160	0	0	0	0	0	20	46	0	46	0
	20 fl oz	220	0	0	0	0	0	25	61	0	61	0
	30 fl oz	320	0	0	0	0	0	35	91	0	91	0
	40 fl oz	430	0	0	0	0	0	45	121	0	121	0
Cherry Coke®‡												
	16 fl oz	150	0	0	0	0	0	5	42	0	42	0
	20 fl oz	200	0	0	0	0	0	10	56	0	56	0
	30 fl oz	300	0	0	0	0	0	15	84	0	84	0
	40 fl oz	400	0	0	0	0	0	20	111	0	111	0
Fanta® Orange‡												
	16 fl oz	160	0	0	0	0	0	0	42	0	42	0
	20 fl oz	210	0	0	0	0	0	0	56	0	56	0
	30 fl oz	310	0	0	0	0	0	0	84	0	84	0
	40 fl oz	410	0	0	0	0	0	0	111	0	111	0
Hi-C® Fruit Punch‡												
	16 fl oz	150	0	0	0	0	0	15	42	0	42	0
	20 fl oz	200	0	0	0	0	0	15	55	0	55	0
	30 fl oz	300	0	0	0	0	0	25	82	0	82	0
	40 fl oz	400	0	0	0	0	0	35	108	0	108	0

Nutrition facts

MINUTE MAID® Lemonade‡	
16 fl oz	
20 fl oz	
30 fl oz	
40 fl oz	
MINUTE MAID® Light Lemonade‡	
16 fl oz	
20 fl oz	
30 fl oz	
40 fl oz	
NESTEA® Southern Style Iced Tea‡	
16 fl oz	
20 fl oz	
30 fl oz	
40 fl oz	
NESTEA® Sweetened Iced Tea‡	
16 fl oz	
20 fl oz	
30 fl oz	
40 fl oz	
NESTEA® Unsweetened (Plain) Iced Tea‡	
16 fl oz	
20 fl oz	
30 fl oz	
40 fl oz	
Vault)‡	
16 fl oz	
20 fl oz	
30 fl oz	
40 fl oz	
Gold Peak® Unsweetened Tea‡	
16 fl oz	
20 fl oz	
30 fl oz	
40 fl oz	
Gold Peak® Sweet Tea‡	
16 fl oz	
20 fl oz	
30 fl oz	
40 fl oz	
Gold Peak® Sweet Green Tea‡	
16 fl oz	
20 fl oz	
30 fl oz	
40 fl oz	
Frozen Coke)‡	
16 fl oz	
20 fl oz	
Minute Maid® Apple Juice	6.67 fl oz
Minute Maid® Orange Juice	10 fl oz

Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)
140	0	0	0	0	0	60	39	0	39	0
190	0	0	0	0	0	80	51	0	51	0
280	0	0	0	0	0	120	77	0	77	0
370	0	0	0	0	0	160	102	0	102	0
5	0	0	0	0	0	0	1	0	0	0
10	0	0	0	0	0	0	1	0	0	0
10	0	0	0	0	0	5	1	0	0	0
15	0	0	0	0	0	10	2	0	0	0
180	0	0	0	0	0	20	50	0	50	0
240	0	0	0	0	0	30	66	0	66	0
360	0	0	0	0	0	40	98	0	98	0
470	0	0	0	0	0	55	130	0	130	0
90	0	0	0	0	0	20	24	0	24	0
120	0	0	0	0	0	30	32	0	32	0
180	0	0	0	0	0	40	48	0	40	0
240	0	0	0	0	0	55	64	0	64	0
0	0	0	0	0	0	20	0	0	0	0
0	0	0	0	0	0	30	0	0	0	0
0	0	0	0	0	0	40	0	0	0	0
0	0	0	0	0	0	55	0	0	0	0
160	0	0	0	0	0	15	42	0	42	0
210	0	0	0	0	0	20	56	0	56	0
310	0	0	0	0	0	30	84	0	84	0
410	0	0	0	0	0	35	111	0	111	0
0	0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0	0
120	0	0	0	0	0	0	31	0	31	0
160	0	0	0	0	0	0	42	0	42	0
240	0	0	0	0	0	0	62	0	62	0
310	0	0	0	0	0	0	82	0	82	0
120	0	0	0	0	0	0	31	0	31	0
160	0	0	0	0	0	0	42	0	42	0
240	0	0	0	0	0	0	62	0	62	0
310	0	0	0	0	0	0	82	0	82	0
90	0	0	0	0	0	10	25	0	25	0
110	0	0	0	0	0	10	31	0	31	0
100	0	0	0	0	0	15	23	0	21	0
140	0	0	0	0	0	20	33	0	30	2

Nutrition facts		Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	▲ Allergens
Seattle's Best Coffee®													
Seattle's Best Coffee® ‡- Decaf- 16 fl oz		0	0	0	0	0	0	0	0	0	0	0	NONE
Seattle's Best Coffee® ‡- Decaf- 20 fl oz		0	0	0	0	0	0	0	0	0	0	0	NONE
Seattle's Best Coffee® ‡- Regular- 16 fl oz		0	0	0	0	0	0	0	0	0	0	0	NONE
Seattle's Best Coffee® ‡- Regular- 20 fl oz		0	0	0	0	0	0	0	0	0	0	0	NONE
Seattle's Best Coffee® Iced Vanilla (21 fl oz)		230	30	3.5	2.5	0	10	90	50	0	47	3	M
Seattle's Best Coffee® Iced Mocha (21 fl oz)		290	40	4.5	3	0	10	240	61	2	55	3	M
Seattle's Best Coffee® Iced Coffee (21 fl oz)		130	35	4	3	0	15	105	21	0	17	3	M
Whipped topping coffee shot		100	60	7	7	0	0	30	10	0	10	1	MS
Chocolate syrup- flavor shot		90	5	0.5	0	0	0	75	22	1	20	0	M
Vanilla syrup- flavor shot		70	0	0	0	0	0	0	17	0	17	0	M

Nutrition facts		Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	▲ Allergens
LIMITED TIME OFFERINGS													
ANGRY WHOPPER™	321	870	490	55	18	1.5	110	1670	59	3	13	37	MWES
Bacon Cheddar Ranch TENDERCRISP)	326	900	470	52	14	1	115	2380	70	3	10	41	MWES
Strawberry Swirl Cheesecake	92	300	140	16	8	0	40	250	35	0	24	3	MWES
Fanta Cherry frozen concentrated beverage													
16 fl oz		110		0	0	0	0	5	31	0	31	0	NONE
20 fl oz		140		0	0	0	0	10	40	0	40	0	NONE

INGREDIENTS: (Revised 5/9/11)

BUNS

SESAME SEED BUNS: enriched flour (wheat flour, malted barley flour or alpha amylase from aspergillus orizae, niacin , iron , thiamine mononitrate (vitamin b1), riboflavin (vitamin b2), ascorbic acid and folic acid), water, high fructose corn syrup or granulated sucrose or liquid succrose, vegetable oil (canola and/or soy) and/or soybean and/or cottonseed oil, yeast may contain 2% or less of the following: salt, (vital) wheat gluten, sesame seeds, yeast food (may contain one or more of the following: calcium sulfate, ammonium sulfate, monocalcium phosphate, calcium carbonate), dough conditioners (may contain one or more of the following: wheat starch, microcrystalline cellulose, sorbitol, sodium chloride, magnesium stearate, distilled monglycerides, sodium stearyl lactylate, ascorbic acid, azodicarbonamide, [ethoxylated] mono- and diglycerides, calcium peroxide, calcium stearyl-2-lactylate, datem, l-cysteine), enzymes, mold inhibitor (calcium propionate and/or sorbic acid), vinegar, soy flour, corn starch.

CONTAINS: WHEAT AND SOY.

CORN DUSTED BUNS: enriched bleached flour (wheat flour, malted barley flour or alpha amylase from aspergillus orizae, niacin , iron , thiamine mononitrate (vitamin b1), riboflavin (vitamin b2), ascorbic acid and folic acid), water, high fructose corn syrup or granulated sucrose or liquid succrose, vegetable oil (canola and/or soy) and/or soybean and/or cottonseed oil, yeast. may contain 2% or less of the following:salt, (vital) wheat gluten, vegetable gum, cellulose gum, (yellow) corn meal, corn flour, yeast food (may contain one or more of the following: calcium sulfate, ammonium sulfate, monocalcium phosphate, calcium carbonate), dough conditioners (may contain one or more of the following: wheat starch, microcrystalline cellulose, sorbitol, sodium chloride, magnesium stearate, distilled monglycerides, sodium stearyl lactylate, ascorbic acid, azodicarbonamide, [ethoxylated] mono- and diglycerides, calcium peroxide, calcium stearyl-2-lactylate, datem), enzymes, mold inhibitor (calcium propionate and/or sorbic acid), soy flour, corn starch.

CONTAINS: WHEAT AND SOY.

CIABATTA BUNS: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Whole Wheat Flour, Sugar Cane Syrup, Enriched Semolina (Duram Wheat, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Soybean oil, Contains 2% Or Less Of Each Of The Following: Wheat Gluten, Wheat Flour, High Fructose Corn Syrup, Honey, Salt, Yeast, Lactic Acid, Fumaric Acid, Artificial Flavor, Acetic Acid, Potassium Iodate, Enzymes, Calcium Propionate (To Retard Spoilage).

CONTAINS: WHEAT

SPECIALTY BUNS: enriched flour (wheat flour, malted barley flour or alpha amylase from aspergillus orizae, niacin , iron , thiamine mononitrate (vitamin b1), riboflavin (vitamin b2), ascorbic acid and folic acid), water, high fructose corn syrup or granulated sucrose or liquid succrose, vegetable oil (canola and/or soy) and/or soybean and/or cottonseed oil, yeast may contain 2% or less of the following: salt, (vital) wheat gluten, sesame seeds, yeast food (may contain one or more of the following: [di-] calcium sulfate, ammonium sulfate, monocalcium phosphate, calcium carbonate), dough conditioners (may contain one or more of the following: wheat starch, microcrystalline cellulose, sorbitol, sodium chloride, magnesium stearate, distilled monglycerides, sodium stearyl lactylate, ascorbic acid, azodicarbonamide, [ethoxylated] mono- and diglycerides, calcium peroxide, calcium stearyl-2-lactylate, datem, l-cysteine), enzymes, mold inhibitor (calcium propionate and/or sorbic acid), vinegar, soy flour, corn starch, cellulose gel, leavening (sodium acid pyrophosphate, sodium bicarbonate, diammonium phosphate).

CONTAINS: WHEAT AND SOY.

BEEF*, CHICKEN* and FISH:

WHOPPER® PATTIES and HAMBURGER PATTIES : 100% USDA inspected Ground Beef (Fire-Grilled).

Steakhouse XT™ Patty: Beef, Encapsulated Salt (Salt, Hydrogenated Vegetable Oil), Flavorings, Beef Fat, Beef Stock, Dextrose.

TENDERGRILL® CHICKEN FILET (grilled): Caramel Color and Smoke Flavor Added Chicken Breast with Rib Meat, Water, Seasoning (Maltodextrin, Salt, Sugar, Autolyzed Yeast Extract, Garlic Powder, Spices, Natural Flavors, Onion Powder, Modified Corn Starch, Chicken Fat, Chicken Powder, Chicken Broth, Disodium Guanylate and Disodium Inosinate, Citric Acid, Partially Hydrogenated Soybean Oil, Dehydrated Garlic, and Artificial Flavors.), Modified Corn Starch, Soybean Oil, Salt, Sodium Phosphates. Glazed with: Water, Seasoning [Maltodextrin, Salt, Sugar, Methylcellulose, Autolyzed Yeast Extract, Partially Hydrogenated Sunflower Oil, Modified Potato Starch, Fructose, Partially Hydrogenated Soybean Oil, Garlic Powder, Onion Powder, Dehydrated Garlic, Spices, Modified Corn Starch, Xanthan Gum, Natural Flavors, Disodium Guanylate and Disodium Inosinate, Chicken Fat, Carmel Color, Grill Flavor (from Partially Hydrogenated Soybean and Cottonseed Oil), Chicken Powder, Chicken Broth, Turmeric, Smoke Flavor, Annatto Extract, and Artificial Flavors], Soybean Oil or Partially Hydrogenated Soybean Oil.

***Beef and Chicken may be cooked on the same broiler with products containing dairy (or other allergens.)**

BREADED ORIGINAL CHICKEN PATTY (Fried): Chicken Breast with Rib Meat, Water, Salt and Monosodium Glutamate. Breded with: Bleached Wheat Flour, Salt, Spices, Partially Hydrogenated Vegetable Oil (Soybean and/or Cottonseed), Dried Whey, Monosodium Glutamate, Yeast, Dehydrated Sweet Pepper, Onion Powder, Garlic Powder, Dextrose, Leavening (Monocalcium Phosphate, Sodium Bicarbonate). **BATTERED WITH:** Water, Bleached Wheat Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Salt, Corn Starch, Oat Flour and Natural Flavoring. Natural flavors from plant sources.

CONTAINS: MILK and WHEAT

SPICY CHICK'N CRISP™ PATTY (Fried): Chicken Breasts with Rib Meat, Water, Salt, Monosodium Glutamate, Chicken Flavor (Sunflower Oil, Flavors, Chicken Fat, Artificial Flavors, Polysorbate 80, Chicken Powder, Chicken Broth, Partially Hydrogenated Soybean & Cottonseed Oil, Papain, and Thiamine Hydrochloride), Flavoring. Breded with: Bleached Wheat Flour, Enriched Bleached Wheat Flour (Enriched with Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Spice, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Onion Powder, Garlic Powder, Extractives of Paprika, Soybean Oil. Battered with: Water, Bleached Wheat Flour, Modified Corn Starch, Salt, Spices, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Soybean Oil, Onion Powder, Dextrin, Extractives of Paprika, Yellow 6, Red 40 Lake, Natural & Artificial Flavor (Including Butter Flavor), Lactic Acid, Not more than 2% Sodium Silico Aluminate added to prevent caking. Predusted With: Wheat Flour, Modified Corn Starch, Salt, Wheat Gluten, Spice, Extractives of Paprika, Soybean Oil, Onion Powder, Less than 2% Silicon Dioxide Added to Prevent Caking. Breeding Set In Vegetable Oil.

CONTAINS: WHEAT

Breaded TENDERCRISP® Chicken Filet (Fried): Chicken Breast With Rib Meat, containing: up to 18% of a solution of Water, Seasoning (Sugar, Monosodium Glutamate, Salt, Spices, Mustard Flour, Soybean Oil), Modified Corn Starch, Sodium Phosphates. *BREADED WITH:* Bleached Wheat Flour, Sugar, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Spices, Monosodium Glutamate, Nonfat Dry Milk, Dried Whey, Paprika, Extractives of Turmeric. *PREDUSTED AND BATTERED WITH:* Water, Wheat Flour, Salt, Whole Egg Solids, Nonfat Dry Milk, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Monosodium Glutamate, Dried Whey, Soybean Oil. Breading set in Soybean Oil.

CONTAINS: MILK, EGG, WHEAT

BK®CHICKEN FRIES (Fried): Chicken Breast with Rib Meat, Water, Seasoning [Salt, Modified Food Starch, Flavoring], Modified Potato Starch, Sodium Phosphates. **BREADED WITH:** Bleached Wheat Flour, Modified Wheat Starch, Rice Flour, Salt, Spices, Dextrose, Paprika, Monosodium Glutamate, Dehydrated Garlic, Dehydrated Onion, Soybean Oil, Maltodextrin, Natural Flavor, Extractives of Paprika. **BATTERED WITH:** Water, Bleached Wheat Flour, Corn Starch, Modified Wheat Starch, Maltodextrin, Potato Starch, Modified Food Starch, Methylcellulose, Mono and Diglycerides, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate). **PREDUSTED WITH:** Bleached Wheat Flour, Modified Food Starch (corn or potato), Dextrose, Monosodium Glutamate, Salt, Maltodextrin, Corn Starch, Sugar, Soybean Oil, Paprika, Spice, Onion Powder, Extractives of Paprika, Garlic Powder, Turmeric, Natural Flavors. Breeding set in Soybean Oil or Vegetable Oil. Modified Food Starch sources include corn and potato in addition to wheat as declared. Flavoring or Natural Flavors include: oil of garlic, black pepper extractive, oleoresin capsicum, oleoresin chili.

CONTAINS: WHEAT

CHICKEN TENDERS® (Fried): Uncooked Chicken Breast Pattie Fritters with Rib Meat Chicken breast with rib meat, water, flavoring [potassium chloride, flavoring, autolyzed yeast extract, maltodextrin (corn, potato), salt, chicken fat, contains less than 2% (chicken broth, citric acid, dextrin, disodium inosinate & disodium guanylate, dried chicken, mannitol, modified cornstarch)], modified food starch, salt, sodium phosphates. **BREADED WITH:** Bleached wheat flour, modified corn starch, salt, leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), dextrose, spices, garlic powder, onion powder, extractives of turmeric. **BATTERED WITH:** Water, wheat flour, modified wheat starch, modified corn starch, salt, sodium gluconate, leavening (sodium aluminum phosphate, sodium bicarbonate), garlic powder, spice, onion powder, potassium chloride. **PREDUSTED WITH:** Wheat flour, modified corn starch, wheat gluten, salt, leavening (sodium aluminum phosphate, sodium bicarbonate), sodium gluconate, onion powder, garlic powder, potassium chloride, spice. Breeding set in vegetable oil.

CONTAINS: WHEAT

TACO: Filling: Water, Beef, Textured Vegetable Protein [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate and Cyanocobalamin (B12)], Taco Seasoning (White Corn Flour, Maltodextrin, Modified Tapioca Starch, Salt, Dehydrated Onion, Paprika, Spices, Chili Pepper, Garlic Powder, Sugar, Caramel Color, Citric Acid, Autolyzed Yeast, Natural Flavors, Yeast Extract, Disodium Inosinate and Disodium Guanylate. Tortilla: Water, Tortilla Flour (Stoneground Corn Masa Flour, Cellulose Gum, Mono & Diglycerides, Trace of Lime).

CONTAINS: SOY

BK BIG FISH® Filet(Fried): Wild Caught Alaskan Pollock, Bleached Wheat Flour, Water, Yellow Corn Flour, Modified Corn Starch. *Contains 2% or less of the following:* Salt, Enriched Bleached Wheat Flour (Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Onion Powder, Garlic Powder, Spice, Partially Hydrogenated Soybean Oil, Dextrose, Dried Yeast, Corn Starch, Hydroxypropyl Methylcellulose, Maltodextrin, Monoglycerides, Diglycerides, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Sodium Aluminum Phosphate), Sodium Alginate, Paprika Extract (color), Spice Extract.

CONTAINS: FISH and WHEAT.

VEGGIE PATTY and SIDE ITEMS:

BK VEGGIE® BURGER PATTY: Supplied by MORNINGSTAR FARMS® - Vegetables (Mushrooms, Water Chestnuts, Onions, Carrots, Green Bell Peppers, Red Bell Peppers, Black Olives), Textured Vegetable Protein (Soy Protein Concentrate, Wheat Gluten, Water for hydration), Egg Whites, Cooked Brown Rice (Water, Brown Rice), Rolled Oats, Corn Oil, Calcium Caseinate, Soy Sauce (Water, Soybeans, Salt, Wheat), Onion Powder, Corn Starch, Salt, Hydrolyzed Corn, Soy, and Wheat Protein, Autolyzed Yeast Extract, Natural Flavors from non-meat sources, Sugar, Soy Protein Isolate, Spices, Garlic Powder, Dextrose, Jalapeño Pepper Powder, Celery Extract.

CONTAINS: MILK, EGG, WHEAT, SOY. The patty is NOT cooked on equipment with meat or poultry products. This is not a vegan product.

BK® Fresh Apple Fries: Apple, Calcium Ascorbate (a blend of Calcium and Vitamin C to maintain freshness and color).

MOZZARELLA STICKS: part-skim mozzarella cheese (pasteurized part-skim milk, cultures, salt, enzymes), wheat flour, soybean oil, water, bleached wheat flour. contains 2% or less of each of the following: modified food starch, salt, dextrose, leavening (sodium bicarbonate, sodium acid pyrophosphate, monocalcium phosphate), vinegar, spices, egg whites, nonfat milk, modified wheat starch, modified corn starch, corn dextrin, soy lecithin, wheat starch, garlic powder, yeast, yeast nutrients (calcium sulfate, ammonium chloride), spice extract, onion powder, sodium alginate, sodium caseinate, hydroxypropyl methylcellulose, paprika extract (color).

CONTAINS: WHEAT, MILK, EGG, SOY

FRENCH FRIES (Fried): Potatoes, Soybean Oil or Canola and Palm Oil, Modified Potato Starch, Rice Flour, Potato Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum, Sodium Acid Pyrophosphate added to preserve natural color.

ONION RINGS (Fried): Rehydrated Onion, Bleached Wheat Flour, Soybean Oil, Water, Yellow Corn Flour, Sugar. *Contains 2% or less of the following:* Gelatinized Wheat Starch, Corn Starch, Calcium Chloride, Modified Food Starch, Methyl Cellulose, Salt, Fructose, Guar Gum, Sodium Alginate, Dextrose, Yeast, Sodium Bicarbonate, Sodium Tripolyphosphate, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Sunflower Oil, Natural Flavors, Grill Flavor, Garlic Powder, Hydroxypropyl Methyl Cellulose, Sorbitol. Natural flavors from plant sources. **CONTAINS: WHEAT**

SALAD TOPPINGS

THREE CHEESE BLEND: Mild Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Artificial Color), Monterey Jack Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Low-Moisture Part - Skim Mozzarella Cheese (Cultured Pasteurized Part - Skim Milk, Salt, Enzymes), Potato Starch and Powdered Cellulose added to prevent caking, Natamycin (a Natural Mold Inhibitor). **CONTAINS: MILK**

GARLIC PARMESAN CROUTONS: Enriched Flour (Wheat Flour, Barley Malt, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Partially Hydrogenated Soybean Oil, Water, Yeast, High Fructose Corn Syrup. *Contains 2% Or Less Of The Following:* Salt, Wheat Gluten, Corn Syrup Solids, Whey, Romano From Cow's Milk And Parmesan Cheeses (Part Skim Milk, Cultures, Salt, Enzymes), Autolyzed Yeast Extract, Cheese Powder (Cheddar Cheese [Milk, Cultures, Salt, Enzymes], Whey Protein Concentrate, Maltodextrin, Natural Flavor, Disodium Phosphate, Blue Cheese [Milk, Cultures, Salt, Enzymes], Nonfat Milk, Citric Acid), Garlic, Calcium Propionate (Preservative), Parsley, Dough Conditioners (*May Contain One Or More Of The Following:* Sodium Stearoyl Lactylate, Calcium Stearoyl Lactylate, Calcium Peroxide, Calcium Sulfate, Ammonium Sulfate, Calcium Iodate, Ascorbic Acid), Cultured Nonfat Milk, Natural And Artificial Flavor, Cultured Whey, Citric Acid, Annatto And Turmeric (Color) And TBHQ (To Preserve Freshness).

CONTAINS: MILK and WHEAT.

Salad Dressing and ready to use salad Ingredients are listed on the package.

CONDIMENTS, SAUCES, & TOPPINGS: Dipping Sauces have ingredients listed on the package

AMERICAN CHEESE (PASTEURIZED PROCESS): Cultured Milk, Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), Sodium Phosphate, Artificial Color, Enzymes, Acetic Acid, Lecithin. Artificial Colors may consist of one or more of the following: Annatto Extract, Beta-Apo-8'-Carotenal, Beta-Carotene, Canthaxanthin, Paprika Oleoresin, Turmeric Oleoresin.

LETTUCE, TOMATOES, ONIONS, CARROTS: US Grade #1.

CRISPY ONIONS: Onions, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sunflower, Safflower Or Canola Oil, Corn Starch, Tapioca Dextrin, Salt.

CONTAINS: WHEAT

A.1.® Thick & Hearty Steak Sauce: Tomato Puree (Water, Tomato Paste), High Fructose Corn Syrup, Vinegar, Corn Syrup, Salt, Raisin Paste, Orange Puree, Spice, Xanthan Gum, Dried Onions, Dried Garlic, Caramel Color.

BREAKFAST SYRUP: corn syrup, high fructose corn syrup, water, contains less than 2% of natural and artificial maple flavor, salt, potassium sorbate as a preservative, caramel color, citric acid, ammoniated glycyrrhizin

JAM-GRAPE: Concord Grapes (Water, Grape Puree Concentrate), Sugar, Corn Syrup, Citric Acid, Pectin, Sodium Citrate.

JAM-STRAWBERRY: Strawberries (Strawberry Concentrate, Water), Corn Syrup, Sugar, Pectin, Citric Acid.

KETCHUP: Tomato concentrate made from Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring, Natural flavoring is plant in origin.

MAYONNAISE: Soybean Oil, Eggs, Water, Distilled Vinegar. Contains 2% or less of the following: Egg Yolks, Salt, Sugar, Lemon Juice Concentrate, Natural Flavor, Calcium Disodium EDTA added to protect flavor, Dehydrated Garlic, Dehydrated Onion, Paprika or Paprika Oleoresin. Natural flavors from plant sources.

CONTAINS: EGG

MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Turmeric.

PICKLES: Cucumbers, Water, Vinegar, Salt, Calcium Chloride or 1/10 of 1% Sodium Benzoate as a preservative, Alum and/or Propylene Glycol, Polysorbate 80, Natural Flavors+, Yellow #5, Turmeric Oleoresin, Blue #1, Soy Lecithin. Natural flavors from plant sources.

CONTAINS: SOY LECITHIN

TARTAR SAUCE: Soybean Oil, Sweet Relish (Cucumbers, High Fructose Corn Syrup, Vinegar, Onion, Salt, Red Bell Peppers, Xanthan Gum, Sodium Benzoate and Potassium Sorbate as Preservatives, Natural Flavorings, Extractives of Turmeric), Water, Egg Yolks. *Contains less than 2%:* High Fructose Corn Syrup, Salt, Distilled Vinegar, Sugar, Dehydrated Onion, Lemon Juice Concentrate, Spice, Natural Flavors, Sodium Benzoate and Potassium Sorbate (as preservatives), Phosphoric Acid, Disodium Inosinate and Disodium Guanylate, Xanthan Gum, Calcium Disodium EDTA added to protect flavor. Natural Flavors from plant sources.

CONTAINS: EGG and SOY LECITHIN.

SMOKY CHEESE SAUCE: soybean oil, water, egg yolks, contains less than 2% of salt, cheese powder (cheddar cheese [pasteurized milk, cheese cultures, salt, enzymes], whey, maltodextrin, natural & artificial flavors, butter [cream, salt], salt, buttermilk, disodium phosphate, autolyzed yeast extract), natural flavors (includes autolyzed yeast extract), distilled vinegar, sugar, lactic acid, cultured cream, polysorbate 60, cream* (cream, non-fat milk, soy lecithin), phosphoric acid, sodium benzoate and potassium sorbate (as preservatives), maltodextrin, xanthan gum, autolyzed yeast extract, propylene glycol alginate, milk fat, natural extractives of annatto seed, artificial color, whey*, calcium disodium edta added to protect flavor, yellow #5, onion*. *dehydrated

CONTAINS: MILK, EGG, SOY

BK® STACKER SAUCE: Soybean Oil, Sweet Relish (Cured Cucumbers, High Fructose Corn Syrup, Vinegar, Onion, Salt, Red Bell Peppers, Xanthan Gum, Sodium Benzoate And Potassium Sorbate (Preservatives), Natural Flavorings, Calcium Chloride, Polysorbate 80, Turmeric), Sugar, Water, Distilled Vinegar, Tomato Paste, Egg Yolk. *Contains Less Than 2%:* Salt, Dehydrated Onion, Xanthan Gum, Sodium Benzoate And Potassium Sorbate As Preservatives, Natural Flavors, Propylene Glycol Alginate, Polysorbate 60, Caramel Color, Oleoresins Paprika And Turmeric (Color), Canola Oil, Calcium Disodium EDTA Added To Protect Flavor. Natural Flavors from plant sources.

CONTAINS: EGG.

BREAKFAST:

BACON: Fully Cooked Bacon. Cured with Water, Salt, Sugar, Smoke Flavoring, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.

LIQUID EGG MIX: Whole Eggs, Whey, Soybean Oil. Contains 2% or less of the following: Salt, Natural and Artificial Butter Flavor (soybean oil, butter oil, natural & artificial flavoring), Xanthan Gum, Citric Acid, Annatto (Color).

CONTAINS: EGG and MILK

EGG OMELET: Whole Egg, Whey, Soybean Oil, Salt, Natural and Artificial Butter Flavor, Xanthan Gum, Citric Acid, Annatto (Color).

CONTAINS: EGG and MILK

SOUTHWEST POTATOES: Potatoes (Potatoes, Partially Hydrogenated Soybean and Cottonseed Oils, and Soybean Oils, Dextrose, Disodium Dihydrogen Pyrophosphate [to Maintain Natural Color]), onion, green pepper, red pepper, soybean oil, seasoning (salt, spices, garlic powder, paprika, onion powder, maltodextrin, natural flavors, dehydrated bell pepper).

HAM: Ham Cured With Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite, Smoke. Sensitive Ingredients: Nitrite

SAUSAGE (Fried):Pork, Salt, Spices, Corn Syrup Solids, Dextrose, Monosodium Glutamate, Hydrogenated Soybean Oil, Flavor [Maltodextrin, Grill Flavor (from Soybean Oil), Modified Corn Starch, Corn Syrup Solids].

HASH BROWN ROUNDS (Fried): potatoes, soybean oil, dehydrated potato flakes (potatoes, mono and diglycerides, sodium acid pyrophosphate, citric acid), salt, corn flour, enriched wheat flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), natural flavoring, disodium dihydrogen pyrophosphate (to promote color retention), dextrose.

CONTAINS: WHEAT

ENGLISH MUFFIN: enriched wheat flour (wheat flour, niacin, ferrous sulfate, thiamine, riboflavin, folic acid), water, yeast. contains 2% or less of: salt, vinegar, vegetable oil shortening (contains one or more of the following: soybean oil, partially hydrogenated soybean and/or cottonseed oil), white corn flour, white corn meal, dextrose, calcium propionate and potassium sorbate (preservatives), mono & diglycerides, sugar, wheat gluten, potato starch, yeast food (monocalcium phosphate, calcium sulfate, ammonium sulfate), malted barley flour.

CONTAINS: WHEAT

BISCUIT: enriched flour bleached (wheat flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), water, hydrogenated palm kernel oil, buttermilk, sugar, baking soda, salt, sodium aluminum phosphate, sodium caseinate, datem, partially hydrogenated soybean and cottonseed oil*, sodium acid pyrophosphate, dextrose, wheat protein isolate, corn syrup solids, natural flavor.

CONTAINS: WHEAT AND MILK

CRIOSSANT: enriched bleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), skim milk, margarine (palm oil, water, salt, mono- and diglycerides, soy lecithin, sodium benzoate (preservative), artificial flavor, beta-carotene (color), vitamin a palmitate), high fructose corn syrup, yeast. contains 2% or less of each of the following: salt, egg yolks, corn syrup, water, mono- and diglycerides, maltodextrin, sugar, natural and artificial flavors, wheat gluten, calcium propionate (preservative), sodium caseinate, whey proteins, soy lecithin, soy flour.

CONTAINS: WHEAT, MILK, EGGS AND SOY

PANCAKES: water, enriched flour (wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), sugar, soybean oil, eggs, leavening (sodium aluminum phosphate, sodium bicarbonate), artificial flavors, dextrose, contains 2% or less of the following: salt, dry whole milk, soy lecithin, xanthan gum, guar gum.

CONATINS: WHEAT, EGG, MILK, SOY LECITHIN

CINI-MINIS: enriched flour bleached (wheat flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), water, palm, canola and soybean oils, sugar, high fructose corn syrup, dextrose, cinnamon, dried nonfat milk, dried whole eggs (contains sodium silicoaluminat), molasses, vital wheat gluten, yeast, salt, modified tapioca starch, mono and diglycerides, acetylated tartaric acid esters of mono- and diglycerides (datem), sodium aluminum phosphate, baking soda, artificial color, natural and artificial flavor, l-cysteine hydrochloride, tbhq (preservative), ascorbic acid, azodicarbonamide.

CONTAINS: WHEAT, MILK, EGG

Flour Tortilla: :Enriched Bleached Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified Soybean Oil, Hydrogenated Soybean Oil), Contains 2% or less of the following: Sugar, Salt, Vital Wheat Gluten, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate), Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Tocopherol (antioxidant), Ascorbic Acid (antioxidant), Citric Acid (antioxidant), Guar Gum, Yeast, Cellulose Gum, Fumaric Acid (Dough Conditioner), Calcium Propionate and Sorbic Acid (To Preserve Freshness).

CONTAINS: WHEAT

VANILLA ICING: Liquid sugar, icing sugar, glucose, sugar, water, sorbitol, propylene glycol, salt, natural and artifical flavour, titanium dioxide, xanthan gum, canola oil, potassium sorbate, agar, cellulose gum, phosphoric acid, ascorbyl palmitate, tocopherols, citric acid. OR powdered sugar, water, corn maltodextrin, high fructose corn syrup, coconut oil, contains 2% or less of: dextrose, vegetable glycerine (soybean oil, corn oil, sunflower oil), donut glaze (tapioca dextrin, gum arabic, agar), salt, sodium alginate, natural & artificial vanilla flavor (propylene glycol, ethyl alcohol, natural and artificial flavors, water), potassium sorbate as a preservative, agar, titanium dioxide, phosphoric acid.

CONTAINS: COCONUT

FRENCH TOAST STICKS: Bread: Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), enriched bleached flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), water, high fructose corn syrup, yeast, may contain 2% or less of each of the following: soybean oil, wheat gluten, salt, dough conditioners (may contain one or more of the following: sodium stearyl lactylate, calcium stearyl-2-lactylate, calcium peroxide, calcium iodate, ascorbic acid, azodicarbonamide, enzymes), corn flour, yeast nutrients (calcium sulfate, monocalcium phosphate, ammonium sulfate), glycerol monooleate, oleoresin paprika and oleoresin turmeric (coloring agents), polysorbate 60, polysorbate 80, calcium propionate (preservative), corn starch, soy lecithin, soy flour. Batter and breading: water, bleached wheat flour (enriched with niacin, iron, thiamine mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), wheat flour, sugar, yellow corn flour, soy flour, contains 2% or less of the following: dextrose, modified corn starch, salt, lecithin, gum arabic, leavening (monocalcium phosphate, sodium bicarbonate), yeast, glycerine, natural and artificial flavor, polysorbate 80, carrageenan. Pre- Fried in soybean oil.

CONTAINS: WHEAT, SOY, SOY LECITHIN

Beverages
Seattle's Best COFFEE: Roasted and ground coffee
SHAKE MIX/Soft Serve Mix: Milkfat and Nonfat Milk, Sugar, Sweet Whey, Corn Syrup, High Fructose Corn Syrup, Propylene Glycol Monoesters, Natural and Artificial Vanilla Flavor, Mono & Diglycerides, Guar Gum, Disodium Phosphate, Sodium Citrate, Cellulose Gum, Carrageenan. CONTAINS: MILK
STRAWBERRY SHAKE SYRUP: Corn Syrup, Water, High Fructose Corn Syrup, Citric Acid, Artificial Flavor, Sodium Benzoate (Preservative), and Colored with Red #40.
CHOCOLATE SHAKE SYRUP: High Fructose Corn Syrup, Water, Dextrose, Cocoa (Processed with Alkali), Corn Syrup, Sweet Whey Powder, Salt, Xanthan Gum, Potassium Sorbate (Preservative), Citric Acid. CONTAINS: MILK
COCA COLA® CLASSIC: High Fructose Corn Syrup and/or Sucrose, Water, Caramel Color, Phosphoric Acid, Natural Flavors, Caffeine. Natural flavors from plant sources.
DIET COKE®: Water, Caramel Color, Phosphoric Acid, Sodium Saccharin, Potassium Benzoate (to protect taste), Natural Flavors, Citric Acid, Caffeine, Potassium Citrate, Aspartame, Dimethylpolysiloxane. Natural flavors from plant sources.
SPRITE®: High Fructose Corn Syrup and/or Sucrose, Water, Citric Acid, Natural Flavors, Sodium Citrate, Sodium Benzoate, Dimethylpolysiloxane. Natural flavors from plant sources.
DR PEPPER®: High Fructose Corn Syrup, Water, Caramel Color, Artificial and Natural Flavor, Phosphoric Acid, Caffeine, Sodium Benzoate (Preservative), and Dimethylpolysiloxane. Natural flavors from plant sources.
Frozen- COCA COLA CLASSIC®: High Fructose Corn Syrup and/or Sucrose, Water, Caramel Color, Phosphoric Acid, Natural Flavors, Quillalium, Yucca Extract. +Natural flavors from plant sources.
Desserts:
DUTCH APPLE PIE: Apples, enriched flour, water, glucose-fructose, palm and soybean oil shortening, sugar, modified corn starch, palm and soybean oil, margarine, apple juice concentrate, soybean oil, salt, dextrose, silicon dioxide, xanthan gum, potassium sorbate, spices, malic acid, yeast, ascorbic acid, sodium propionate, citric acid, annatto. CONTAINS: WHEAT and SOY
HERSHEY'S SUNDAE PIE: Water, Sugar, Reduced Fat Sweetened Condensed Milk (Milk, Skim Milk, Sugar, Vitamin A Palmitate), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Xanthan Gum and/or Carob Bean Gum and/or Guar Gum), Enriched Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Partially Hydrogenated Vegetable Shortening (Coconut Oil and Palm Kernel Oil), High Fructose Corn Syrup, Vegetable Shortening (Palm Oil and Soybean Oil),Vegetable Oil (Palm Oil, Coconut Oil and Soybean Oil), Cocoa (Natural and Processed with Alkali), contains less than 2 % of each of the following:; Corn Syrup, Dextrose, Chocolate, Baking Soda, Salt, Natural and Artificial Flavors, Sodium Caseinate (A Milk Derivative), Soy Lecithin , Polysorbate 60, Modified Cellulose Gum, Colored with Beta Carotene, Cocoa Butter, Mono- and Diglycerides, Carrageenan, Polysorbate 65, Polysorbate 80, Sodium Phosphate, Corn Syrup Solids, Fructose, Maltodextrin, Malic Acid, Hydroxypropylmethylcellulose, Milkfat, Glyceryl-Lacto Esters of Fatty Acids, Lactose, Xanthan Gum, Disodium Phosphate, Polyglycerol Esters, Sodium Citrate, Sorbitan Monostearate, Guar Gum, Citric Acid, Dipotassium Phosphate, Food Starch-Modified, Milk. CONTAINS: MILK, WHEAT, SOY
SOFT SERVE CONE: Enriched Wheat Flour (Contains: Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean Oil or Canola Oil, Modified Palm Oil, Soy Lecithin), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color). CONTAINS: WHEAT, SOY
CHOCOLATE FUDGE SAUCE: High fructose corn syrup, sweetened condensed skim milk (skim milk, sugar, corn syrup), partially hydrogenated palm kernel oil, cocoa processed with alkali, water, corn starch, salt, sugar, mono & diglycerides, disodium phosphate, artificial flavor, xanthan gum and sodium alginate CONTAINS: MILK
WHIPPED TOPPING - water, high fructose corn syrup, hydrogenated palm kernel oil, sugar, dextrose, *sodium caseinate (a milk derivative), contains less than 2% of the following: soy protein concentrate, polysorbate 60, carbohydrate gum, cellulose gel, salt, natural flavor, to preserve freshness (potassium sorbate), cellulose gum, polyglycerol esters of fatty acids, xanthan gum. CONTAINS: MILK, SOY
LOW FAT CARAMEL SAUCE PACKET: high fructose corn syrup, corn syrup, non fat milk, polydextrose, modified corn starch, butter (milk, cream, salt), sugar, less than 2% of: disodium phosphate, potassium sorbate (preservative), salt, palm oil, natural and artificial flavors, mono and diglycerides. CONTAINS: MILK
OREO® COOKIE CRUMBLES - Sugar, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate {Vitamin B1}, Riboflavin {Vitamin B2}, Folic Acid), Palm And/Or High Oleic Canola And/Or Soybean Oil, Cocoa (Processed With Alkali), High Fructose Corn Syrup, Baking Soda, Cornstarch, Salt, Soy Lecithin (Emulsifier), Vanillin - An Artificial Flavor, Chocolate. CONTAINS: WHEAT AND SOY
SOFT SERVE/SHAKE MIX: Milkfat and Nonfat Milk, Sugar, Sweet Whey, Corn Syrup, High Fructose Corn Syrup, Propylene Glycol Monoesters, Natural and Artificial Vanilla Flavor, Mono & Diglycerides, Guar Gum, Disodium Phosphate, Sodium Citrate, Cellulose Gum, Carrageenan. CONTAINS: MILK

Important Information:

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**Burger King Corporation makes no claim that the BK VEGGIE® Burger or any other of its products meets the requirements of a vegan or vegetarian diet. The patty is cooked in the microwave.

•The sodium content of French Fries may vary based on level added after cooking. To reduce sodium, HAVE IT YOUR WAY® and order your french fries without salt.

*†: These values represent Sodium derived from ingredients other than water. The actual amount of Sodium in the beverages will vary depending on the quantity contained in the water supply where the finished beverages are produced.

Products that are fried in a shared fryer include but may not be limited to: BK BIG FISH® Filet, Pork Sausage, TENDERCRISP® Chicken patty, CHICKEN TENDERS®, BK® Chicken Fries, Original Chicken Patty, Spick CHICK'N CRISP® Patty, Hash browns, French Toast Sticks, Funnell cake sticks and Onion Rings. French Fries are cooked in a fryer designated for French Fries only. Fryer oil contains: corn, canola, soy and/or cottonseed oils.

Allergen Key:

M: MILK

W: WHEAT

E: EGG

S: Soy or soy lecithin

P: Peanut

T: Tree nut

F: Fish

NONE: Contains none of the above allergens

▲ Please note:

This information provided by Burger King Corporation regarding our food is as complete as possible at the time of this publication. The information on this list is reported to us by our suppliers and is based on Burger King Corporation's standard product formulations. Variations may occur depending on the supplier and on product assembly on a restaurant-by-restaurant basis. Product formulations may change periodically, we continue to update this list to reflect changes that occur in our products.

From time to time, restaurants may test or feature products containing dairy (or other allergens) which will be cooked in the same broiler with beef and chicken products. At those times, it is possible that small amounts of milk protein (or other allergens) may be present on beef and chicken patties. Burger King Corporation, its franchisees, and employees, do not assume responsibility for a person's sensitivity or allergy to any food item provided in our restaurants. Please always consult your healthcare practitioner for questions regarding your diet. We encourage anyone with food sensitivities, allergies, or special dietary needs to check www.bk.com on a regular basis to obtain the most up-to-date information about our food before you order. If you have specific questions about our menu, call:

Burger King Consumer Relations Department:
(305) 378-3535 (Monday-Friday 9 a.m.-5 p.m. ET)
or mail inquiries:
Burger King Corporate Office
Attn: Consumer Relations Department
5505 Blue Lagoon Drive
Miami, FL 33126